



Intravenous Sedation Instructions

A sedative will be given through a small canula placed in the hand or arm which will make you feel calm and pleasantly relaxed. **This is not a general anaesthetic so you may be in a semi-conscious state while sedated.** However you will have little or no recollection of the procedure. A local anaesthetic will also be given around the area in the mouth to numb the operation site so you will not feel any pain.

1. Avoid eating or drink for at least four hours before the procedure.
2. You must be accompanied by a responsible adult who can drive or escort you home. You must not drive or operate machinery, or make any major decisions for the rest of the day.
3. Arrange to take the rest of the day off work, as you may feel drowsy for a few hours afterwards.
5. You must be supervised for six hours after the procedure, during which you are not to walk up and down stairs unaided.
6. It is advisable not to drink any alcohol for twenty-four hours before and after the operation.
7. Please wear a short-sleeved top for easy access to the veins in your arms and to measure your blood pressure. Also, do not wear any nail varnish.
8. It is advisable not to smoke for twenty-four hours before your appointment.